There is extensive data on myopia (nearsightedness) prevalence by country, highlighting significant regional variations and global trends.

# 👴 Global Overview

- As of 2010, approximately **27%** of the world's population was affected by myopia, equating to about **1.45 billion people**. <u>PMC</u>
- Projections suggest that by 2050, nearly 50% of the global population will be myopic, with 10% experiencing high myopia. <u>The Lancet+1Myopia Institute -+1</u>

## **Country-Specific Prevalence**

## East Asia

East Asian countries report some of the highest myopia rates globally:

- **Singapore**: Up to **90%** of young adults are myopic. <u>Wikipédia, l'encyclopédie</u> <u>libre+4The Guardian+4WIRED+4</u>
- South Korea: Among 19-year-old males, 96.5% are affected. SpringerLink+1WIRED+1
- **China**: In urban areas like Shanghai, myopia prevalence among children aged 7–12 years is around **30.8%**, increasing to over **50%** by age 10. <u>SpringerLink</u>
- **Taiwan**: Among 15-year-olds, the prevalence reaches **81%**.

#### Europe

European countries exhibit moderate myopia rates:

- United Kingdom: Among 12–13-year-olds, prevalence is **29.4**%. <u>SpringerLink</u>
- Northern Ireland: For the same age group, the rate is **17.7%**. <u>SpringerLink</u>
- Netherlands: Among 6-year-olds, the prevalence is as low as 2.4%. SpringerLink

## **North America**

In the United States, myopia prevalence has increased over recent decades:

Among individuals aged 12–54, prevalence rose from 25% in the early 1970s to
42% by the early 2000s. Wikipedia

#### **South America**

Data from South America indicate lower prevalence rates:

- Brazil: A 2005 study estimated that 6% of Brazilians aged 12–59 had myopia of -1.00 diopter or more. <u>Wikipedia</u>
- **Natal, Brazil**: Among students, nearly **13%** were found to be myopic. <u>Wikipedia+1PMC+1</u>

#### Africa

African countries generally report the lowest myopia prevalence:

- **Ghana**: Among 12–15-year-olds, the prevalence is **3.4%**. <u>thesun.co.uk+3SpringerLink+3Wikipedia+3</u>
- South Africa: In children aged 5–15 years, the rate is 4.0%. SpringerLink

## 📊 Summary Table

Region/Country	Age Group	Myopia Prevalence
Singapore	Young adults	Up to 90%
South Korea	19-year-old males	96.5%
China (Shanghai)	Children (7–12 yrs)	30.8%
Taiwan	15-year-olds	81%
UK	12–13-year-olds	29.4%
USA	12–54-year-olds	42%
Brazil	12–59-year-olds	6%
Ghana	12–15-year-olds	3.4%
South Africa	5–15-year-olds	4.0%

## **Q** Observations

• **East Asia** exhibits the highest myopia rates, often exceeding 80% in young adults, likely due to intense educational demands and limited outdoor activities.

- **Europe** and **North America** show moderate prevalence, with increasing trends over recent decades.
- **South America** and **Africa** currently have lower prevalence rates, but urbanization and lifestyle changes may influence future trends.